

April

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10a-11:15a Yoga (Alice) 5-8p Personal Training (Rosita)	2 9-10 Pilates (Allyson) 10:15 Pilates (Allyson) 5-8p Personal Training (Rosita)	3 9-10 Pilates (Allyson) 10a-11:15a Yoga (Alice) 5-8p Personal Training (Rosita)	4 9:30-10:30 TRX (Allyson) 5-8p Personal Training (Rosita)	5	6
7 Candlelight Yoga Event 6-7p	8 10a-11:15a Yoga (Alice) 5-8p Personal Training (Rosita)	9 9-10 Pilates (Allyson) 10:15 Pilates (Allyson) 5-8p Personal Training (Rosita)	10 9-10 Pilates (Allyson) 10a-11:15a Yoga (Alice) 5-8p Personal Training (Rosita)	11 9:30-10:30 TRX (Allyson) 5-8p Personal Training (Rosita)	12	13
14	15 10a-11:15a Yoga (Alice) 5-8p Personal Training (Rosita)	16 9-10 Pilates (Allyson) 10:15 Pilates (Allyson) 5-8p Personal Training (Rosita)	17 9-10 Pilates (Allyson) 10a-11:15a Yoga (Alice) 5-8p Personal Training (Rosita)	18 9:30-10:30 TRX (Allyson) 5-8p Personal Training (Rosita)	19	20
21	22 10a-11:15a Yoga (Alice) 5-8p Personal Training (Rosita)	23 9-10 Pilates (Allyson) 10:15 Pilates (Allyson) 5-8p Personal Training (Rosita)	24 9-10 Pilates (Allyson) 10a-11:15a Yoga (Alice) 5-8p Personal Training (Rosita)	25 9:30-10:30 TRX (Allyson) 5-8p Personal Training (Rosita)	26	27
28	29 10a-11:15a Yoga (Alice) 5-8p Personal Training (Rosita)	30 9-10 Pilates (Allyson) 10:15 Pilates (Allyson) 5-8p Personal Training (Rosita)			Green = Class at Pinery	Red = Class at Pradera