

The Mountaineers

Men's and Ladies "Fun and Friendly group learning the game of Golf"

Wednesday Evenings from 5:30-6:30 PM

\$20.00 Golf & Summit Golf Members

\$25.00 Tennis/Social/Sport

\$30.00 Prospective Members

Starts April 20th

Format: 60 minute clinic with fun games or practice exercises. First clinic should go 75 minutes for introductions and course tour may take a little longer.

Week 1 - The Clubs in your bag/Tour of the Mountain course. [Wednesday 4/20](#)

Clinic:

- Going through each club that is in your bag and the amount of clubs you should carry.
- What is the purpose of each club.
- When do you use each club.
- What is the difference between irons, hybrids and woods.
- Roughly how far each individual would hit different clubs.

Practice/Tour of the Mountain Course:

- What's the difference between a par 3,4,5
- What a tee box is, which one they should be playing and how to tee off. "between and behind the markers"
- What's the difference between fairway and rough? "touch a little on club selection here"
- What a bunker and a water hazard are and basic rules that come with hitting out of these
- What a green is and proper etiquette when on a green.
- Where they can and can't drive the cart
- Pace of play suggestions

Week 2 – Scoring, Handicaps and Full Swing [Wednesday 4/27](#)

Clinic Part One: Scoring and Handicaps

- How do you read a score card. What do all the numbers mean.
- How do you keep score. What do you write on your score card and where.
- What is a Par/Birdie/ Eagle/Albatross/Bogey/Double Bogey/Triple Bogey.
- How to get a GHIN # and establish a handicap
- What is a net score.
- What is a gross score.
- What are Pops.
- What equitable scoring is! “This will help a lot with pace of play”

Clinic Part Two: Full swing

- Grip
- Stance
- Set up
- Aim
- Finish

Practice:

- Full Swing at the driving range:
 - Station One – Hitting your driver.
 - Station Two – Hitting your 3 wood.
 - Station Three – Hitting your 7 iron.
 - Station Four – Hitting your Pitching wedge.
 - Station Five – Hitting your A or 52/60 degree wedge.

Week 3– Green Etiquette and Putting [Wednesday 5/4](#)

Clinic:

- How to mark your ball, when you can mark, and what is ok and not ok to use when marking.
- Where to stand.
- Who’s turn is it.
- Not walking on someone’s line.
- When and who pulls the flag.
- Where do you lay the flag down.
- What is tending.

- Terms such as pushing, pulling, deceleration, and jab.
- The basics of putting and easy ways to learn how to read greens.

Practice:

- Putting games and practice on the course.
- Green One – Closest to the pin game.
- Green Two – Set up a fun 3 hole putt-putt golf course.
- Green Three – Putting from the 2nd cut of grass from several different places.
- Green Four – Another putting game/practice.

Week 4 – Golf Cart Etiquette and the Tee box [Wednesday 5/11](#)

Clinic Part One: Golf Cart Etiquette

- Where to drive and not drive on the course.
- Where to park – to the left or right of players and never drive in-front of a player that's trying to hit.
- When do drive to the green and walk back to your ball versus walking to your ball then driving to the green.

Clinic Part Two: The Tee Box

- What does it mean to have honors.
- When do you play “ready golf” and how to play “ready golf”
- Simple ways to line up to your target.
- How high should you tee your ball based on what club you are hitting and weather conditions
- What is a provisional, and when can you hit a provisional.
- If you hit a provisional and then find your first ball what are you supposed to do?
- When do you have to go back to the tee box and re-tee?
- Basic and simple rules when taking relief from a sprinkler head, tree the native grass and or a hazard. What options you have when taking relief.

Practice:

- Set up some practice drills on four tee boxes of the Mountain course.
 - Tee box One – Tee your ball to hit your driver. Hit a couple of times.
 - Tee box Two – Tee your ball to hit your three/four wood. Hit a couple of times.
 - Tee box Eight – Tee your ball to hit your seven/eight iron. Hit a couple of times.
 - Tee box Nine – Tee your ball to hit one of your woods again. Hit a couple of times.

Week 5 – What penalty strokes are, and areas of the course that you would incur a penalty [Wednesday 5/18](#)

Clinic:

- What do you do if you hit your ball out of bounds.
- What are the white/yellow/red stakes.
- What are the red/white/yellow lines.
- What are mulligans
- How do you hit out of the tall weeds.

Practice:

- Putt putt course set up on the practice green with water, hazards, sand traps, out of bounds.
- Practice on the course from the tall weeds.
- Practice hitting from all the drop zones that are on the course.

Week 6 – Format of Play [Wednesday 5/25](#)

Clinic:

- What is Scramble
- What is stroke play
- What is Match Play
- What is Best Ball
- What is Scotch
- What is Chapman Scotch

Practice:

- Play 4 holes on the course.
 - Play one hole scramble.
 - Play one hole scotch
 - Play one hole best ball.
 - Play one hole Chapman Scotch

Week 7 – Pitching , Chipping and approach shots [Wednesday 6/1](#)

Clinic:

- What swing, what club.
- Hitting downhill.
- Hitting uphill.
- When to pitch, when to chip.
- Hitting from behind trees.

- Practice:
- Stations set up on the course.
 - Station One – hitting from behind a tree/going under a tree.
 - Station Two – Pitching 30 yards off the green from the fairway.
 - Station Three – Pitching 30 yards off the green from the rough.
 - Station Four – Pitching and or chipping from 5 feet off the green.
 - Station Five – Pitching high up to the green

Skip a week because of Ladies Member Guest

Week 8 – Green side and fairway bunker Sand Shots [Wednesday 6/15](#)

Clinic:

- Rules of hitting out of the sand.
- Proper set-up and digging in when you take your stance
- Aim
- What club to use
- The difference between a green side bunker and a fairway bunker
- Reason why we open the club face when hitting out of green side bunkers

Practice:

- Games around the sand traps on the chipping green.
- Set up multiple stations on the chipping green that would give a specific situation and figure out what club to use. Use a sign in the ground with a question on it. Points could be given based on correct answers. There could be small prizes for winners.

Week 9- 4 hole on course play and we put these signs out there for them to answer while playing [Wednesday 6/22](#)

- Station one - You are on the tee box 140 yards from the green, what club should you choose?
- Station two - You are 200 yards from the green in the rough, what club should you choose?
- Station three - You are in the fairway 90 yards from the green, what club should you choose?
- Station four - You are in the sand trap, what club should you choose?
- Station five – You are in the tall weeds, what club should you choose?
- Station six – You are behind a tree, what club should you choose?
- Station seven – You are 20 feet off the green on the fairway, what club should you choose?

- Station eight – You are in the rough right off the green, what club should you choose?
- Get points based on how many shots it takes you to get out of the sand trap.

I will also send out a short video recapping what we went over each week to your e-mail.

I've already got a lot of e-mails showing interest in this program. To sign up please contact me. It is very important that you let me know which nights you will be attending a couple days in advance so that I can have enough instructors for each session.

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